



June 2024 Newsletter

June is upon us! The month is going to be awesome - tons of great events, beautiful weather, and celebrations of all the amazing learning and growth that has occurred over the year. It's a great time of year!

There are a number of great events coming up in the month of June. On June 4th, we are having our annual Track and Field day. It promises to be an awesome day - we are hoping to have a country mile run/walk, a pancake breakfast, all the great track events, and some fun events as well! It should be an awesome day - the more volunteers and parents there the better! On June 6th, we will have our first "Poetry and Popsicles" event. Students have been asked to memorize a poem at home that they will recite for their classmates and any parents who can make it. Afterwards, everyone will have a popsicle to celebrate! This should also be a lot of fun and help students work on an important skill. As always, we are also planning on swimming at Raymond Pool from 12-2 on June 20th, which will also be a great way to celebrate the end of the year. I hope to see you at some (or all!) of our great June events!

As we get closer to the end of June, we will be finalizing our student numbers and staffing assignments. As many of you know, we have hired Marcus Johnston to replace Mrs. Henderson in grade 3/4 for next year. Mr. Johnston is very excited to be joining the Sunnyside team - and I know that he is going to bring a lot of enthusiasm, knowledge, and passion to the school! Speaking of Mrs. Henderson, we are so happy to celebrate her in her last month of teaching after a 35 year career! Stay tuned for more details for her farewell assembly later on in June.

I know that many parents (and students) will be wondering about who their teacher will be next year. Normally, we wait until the end of August to finalize our class lists. This allows us to ensure we have the most accurate enrollment numbers. You will be contacted by your child's teacher in the last week of August to let you know your children's homeroom teacher. If you have any questions or concerns, please send me an email or give me a call at the school.

Lastly, our visioning document is mostly complete. I am hoping to have it sent to parents and up on the website before the end of the school year. A huge thank you to all the parents, staff, and students who shared their thoughts on our wonderful little school!

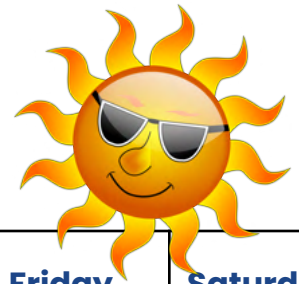
Even though June is the busiest month of school, I absolutely love it. There are so many great things going on! I especially love how we can celebrate the growth and change that students have demonstrated throughout the year. Thank you for allowing us to have the privilege of investing in your child(ren). It truly is an honor!

Please don't hesitate to reach out if you need anything!

Mitchell Van Dyk



June 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Hot Lunch cheese pizza	4 Track and Field day	5 School Council Meeting 4 pm	6 School Assembly 8:45 Poetry & Popsicles	7	8
9	10 Hot Lunch Spaghetti & meat sauce	11	12	13 Grade 5 Trip to Evergreen golf center & legacy park Grade 6 Math Part A Final Exam (basic operations)	14 Grade 6 Math Part B Final Exam (Problem solving)	15
16	17 Hot Lunch Hamburgers Grade 6 LA Final Exam (reading)	18 Grades 1/2 going to Pavan park	19 Grade 6 Social PAT	20 Grade 6 Science PAT Swimming in Raymond 12-2PM	21	22
23	24 Hot Lunch Hot Dogs	25	26 Last day of school for Students Kindergarten Farewell AM Grade 6 Farewell PM	27 Last day of school for Teachers	28	29
30						

Music/Fine Arts

The benefits of music are huge, and we have seen these benefits play out with our students this year with the re-introduction of a music program. I have such joy to hear daily that music is a favorite class for many students. We have had a lot of fun this year singing, dancing, and creating music with our bodies and instruments. My hope is that students will continue to have a song in their hearts all summer long. Keep singing and shining, Sunnysiders! Have a great summer!

HOW CAN MUSIC REDUCE STRESS?

IT RELEASES ENDORPHINS

"Feel good" neurochemicals are released by the body during different activities, like making music. Endorphins have been linked to lowered stress levels.

Music Therapy for Stress Reduction: A Systemic Review and Meta-Analysis

Psychological and Physiological Signatures of Music Listening in Different Listening Environments

Cortisol is our stress hormone. In lab studies, music has been shown to decrease cortisol levels significantly.

IT REDUCES CORTISOL LEVELS

Effects of music therapy on occupational stress and burn-out risk of operating room staff

A 6-week study showed that 30 minutes of music a day at work decreases exhaustion and stress.

IT REDUCES BURNOUT

IT HELPS YOU FALL ASLEEP

Music is relaxing and can distract from daily stressors. People who did not listen to music are more likely to be less rested in the morning.

The music that helps people sleep and the reasons they believe it works

IT SOOTHES ANXIETY

Studies show that music significantly reduces anxiety and fear before high stress situations, like medical procedures.

Examining the Effects of Music-Based Interventions on Pain and Anxiety in Hospitalized Children

Music Attenuated a Decrease in Parasympathetic Nervous System Activity after Exercise

Music helps people remain calm and stay grounded. One study shows that music may help to combat your "Fight or Flight" response in high stress situations.

IT GROUNDS YOU

Learning Commons



Wow, that school year flew by! I would like to thank everyone that donated supplies, books and games to the learning commons. It keeps things new and exciting for our little learners! Also a big thank you to everyone that bought books through our book fair or monthly flyers online. The rewards generated from those sales go to building up our classroom and learning commons libraries.

I would like to have all checked out items returned by June 21st. If you have any questions or concerns about an item, please don't hesitate to contact me .

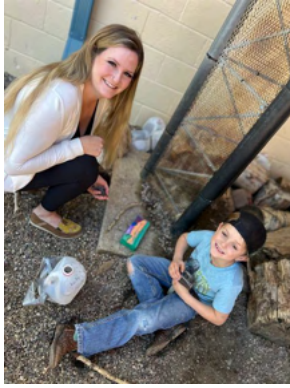
Have a wonderful summer break !
Mrs. Brenda Hancock

Kindergarten News

It was an extremely busy month in kindergarten! Here are some photos from the month. Remember to check ClassDojo for our Classroom newsletter and updates for June.

Parent Day: Spending time creating with our parents!





Field Trips/ Visitors: Fort Whoop up, Vanessen Farms, Fire Hall, Police station, and Garrett Douville



Grade 1/2 News - Mrs. Slusar

What a busy school year we have had! It has been a pleasure getting to know your children well and teaching them this school year!

June looks like a busy month as well so I would encourage you to check out the school calendar and join us for some of our events like the Track meet, Poetry and Popsicles, our final Pavan Park hike from the top and swimming in Raymond.

Thank you once again for your continued support and if you have any questions please don't hesitate to reach out.



Grade 1/2 News - Mrs. Klassen

It's hard to believe the end of the year is almost here! It has been a year full of learning, fun, and building friendships in our classroom. I am so proud of the academic and social gains we have made this year...here are a few great moments from the past few weeks!



Weaving has really caught on in our class this Spring! Also, a special thank you to Mrs. B for bringing some fantastic flower and caterpillar crafts and resources to our makerspace this month!



Eat your vegetables! We harvested some wild asparagus we found on our walk, roasted it, and tasted it! It was delicious! Some of our milk jug greenhouses produced some amazing lettuce, and some students are starting pumpkins too.



We have had an amazing view of a robin's nest and have been looking closely at some plant and animal life cycles and needs. Kingbirds, bees, mayday trees, thatching ants, asparagus are just a few of the species we are looking closely at. We have counted our sunflower seeds from last year's flowers and are ready to plant them this week!



We counted more than 1000 seeds as a class!



Math and Science coming together in a STEAM challenge!

Our final Pavan trip is coming up on Tuesday, June 18 and we are looking for parent volunteers for this final trip to our favourite park! Please let me know ASAP if you are able to attend. Our tentative plan is to do the "big hike" that starts from the top and dips down into a beautiful coulee!

If I don't see you around this month, I wish all families a wonderful summer holiday. It has been such an incredible year and I am so grateful to be here at Sunnyside, surrounded by such amazing kids, families, and friends!

Gratitude



I am grateful for the sky, the birds, the playground, and my friends - Jaxon

I am grateful for extra recess time and wellness - Connor

I am grateful for my friends and my teachers - Rustin

I am grateful for our nature walks - Kolten

I am grateful for school - Ivy

The people in our school make it special - Kaylor

I am grateful for the teachers - Wyatt

I am grateful for my friends, family, and my crops - Jayden

I am grateful for the class and our trips to Pavan - Willow

I am grateful for my friends - Sloane

I am grateful for the school, my friends, the teachers, and my family - Greyson

I am grateful for fun activities, like makerspace - Harlow

I am grateful for the summer, spring, family, and friends - Merritt

I am grateful for the teachers and kids here at Sunnyside - Makena

I am grateful for the activities that we do - Preese

I am grateful for my friends and nature - Liv

I am grateful for the tulips and the caterpillars - Rylee

I am grateful for my "Samon Stories" - Mackoy

June News from 3/4J



Greetings Parents!! Well, this is it ... the last newsletter of the year! It's hard to believe that in less than 20 days, summer holidays will be here!! It's hard to think about wrapping things up and winding down when energy levels are on the rise! We are all anxiously awaiting warmer weather and all of the great activities that come along in June. Bring on summer!!!

Thank you for a great year everyone!!
Mrs. Henderson



Looking ahead

- ★ June 4 - Track and Field
 - 8:45 - 9:15 - Run/walk a country mile!!
 - 9:15-9:45 - Pancake breakfast provided by the Sunnyside Community Association.
 - 10:00 - 3:30 - Track and Field events! The Sunnyside Community Association is planning on providing lunch.
- ★ June 6 - Poetry and Popsicles
 - Our class will perform at 9:30 (right after the assembly)
- ★ June 20 - Swimming at Raymond Pool
- ★ June 26 - Last day for students and Report Cards



Here's a description of what we're up to this month!!

Math - We will end off the year looking at several smaller units. They include geometry, measurement and data collection.

LA - This month we continue our work with poetry and fairy tales. For poetry we are reading, reciting and writing different types of poems. With fairy tales we are comparing and contrasting original stories to fractured fairy tales. I think we are all finding the fractured ones more entertaining. How could you not with titles such as "Little Red Gliding Hood", "Ninja-Rella", "Goatlocks and the Three Bears" and "The True Story of the Three Little Pigs"?!



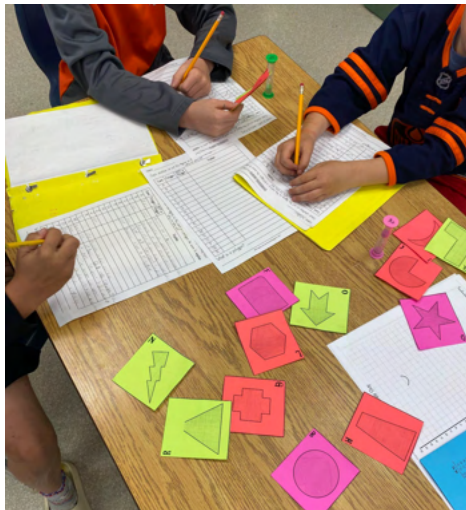
Science - We are wrapping up our Earth System unit with "dinosaurs that once lived in Alberta" research projects and slide presentations. We will end the year by looking at "Living Systems" which looks at plant and animal life and how they interact with each other.

Social - Global citizenship, including our rights and responsibilities as citizens, is our focus in Social this month.



Art - Creating flowers using oil pastels is our current focus. See our tulip gardens below and be on the lookout for our Georgia O'Keeffe inspired flower enlargements. They're going to be AMAZING!!!

Speaking of flowers we are all hoping that the Zinneas we planted and sent home for Mother's Day have sprouted and will provide you with many months of bright beautiful flowers.



June 2024

Grade 3/4 Mrs. Hudey

It is hard to believe it is June already! Get ready for an month of fun events and beautiful weather!

We are busy wrapping up our last units and celebrating our progress! Here's a few highlights from our classroom:



exciting

tremendous

- ★ **Math-** We continue to work on multiplication, division, fractions, decimals, graphing and collaborative problem solving.
- ★ **Reading/Writing-** Students continue to practice reading books from a variety of genres- often recommending books to each other when we fill our book boxes! Students have enjoyed reading and connecting with the Kindergarten class during our Reading Buddy time on Thursdays!
We just finished our class read aloud- Bat and the End of Everything. Students were so invested in their predictions that they wrote their own version of the last chapter. It was a fabulous Author Celebration listening to the students share their fantastic writing!
- ★ **Social Studies-** Students are learning about Global Citizenship
- ★ **Science-** Students will be researching and presenting a variety of dinosaur and animal projects

A huge congratulations to all the students that participated in running club!!

- ★ The extra event calendar is filling up!
Please note the following important dates-
June 4- Track and Field Day! A pancake breakfast and BBQ lunch will be provided by our Community Association. Thank you!!
June 6- Poetry and Popsicles- All Sunnyside students will recite a poem they have selected and memorized. Our class will be presenting from 2:30-3:15pm.
June 6- Last regular assembly of the year
June 20- School wide swimming trip to Raymond Pool
June 26- Report card day and last day of school!





Grade 5 News – Mrs. Hass

In math, students have completed their Geometry unit, looking at symmetry in nature and plotting points (and pictures) on a coordinate grid. We will finish out the year with a short unit on measurement, with a focus on perimeter and area.

In Science, we have completed our Chemistry unit, which had us doing so many awesome hands-on experiments! Ask your child what elephant toothpaste is! We are finishing off the year by learning about weather and its patterns in climate.

In Reading and Writing, students are finishing up their unit on Non-Fiction Informational Text. Students have been busy researching a famous person in history, and writing a biography about their chosen person. Students have an opportunity to dress up as their person to present their biography project to the class. Through the end of June we will be reading and writing poetry and then writing and illustrating comic books using an online platform.

I cannot believe how fast this year has gone! Your children have grown leaps and bounds-socially, emotionally, and academically. I am so proud of their hard work, determination to persevere through challenges, and the way they have adapted to each other and our small space. I am truly grateful for the time I have had with them, and consider it such a privilege to teach at Sunnyside, in such a supportive school community. I wish you and your children a wonderful, restful summer, and can't wait to see them back in the fall as the leaders of Sunnyside!

~Mrs. Hass

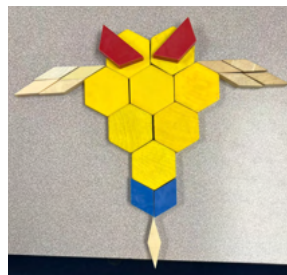




Tin Foil Embossing



Making Borax Crystals



Symmetry



Flower Pounding for Mother's Day



Grade 6 News – Mrs. Jesse



We made it to June! June is always an exciting, yet emotional month for the grade 6 class and teacher at Sunnyside. It tends to feel a bit like a rollercoaster!

LA: Students are continuing their poetry unit into June. They will have the opportunity to read and write various poems throughout the month. We are focusing on identifying and using figurative language in their novels and in their writing. Students will also memorize and rehearse a poem for our school-wide poetry celebration on June 6th. Parents are welcome to attend. A poetry anthology will complete their year in language arts. Students will also be prepping for their final reading comprehension test on June 17th.

Math: Students will be finishing up the Measurement unit, and will spend some time learning about Stats and Probability. They will also spend time practicing their problem solving skills, which will include all basic operations and review concepts from earlier units in preparation for their end of the year tests on June 13th and 14th.

Science: Students are starting review of the grade 6 concepts learned last year. They will review the units: Trees and Forests, Space, Air and Aerodynamics, Flight and Evidence and Investigation. We will aim to provide as many hands-on experiences with these concepts as possible. Students will write their final on June 20th.

Social: Students are finishing up their People in Canadian History. Then they will work on reviewing for their year end final. They are working on reviewing the concepts of Democracy for their final on June 18th.

Important Dates:

June 4: Track and Field

June 6: Poetry and Popscicles

June 13: Math Part A (basic operations)

June 14: Math Part B (problem solving)

June 17: ELA Part B final (reading)

June 19: Social final

June 20: Science final and swimming in Raymond

June 26: Last Day/Grade 6 Farewell

