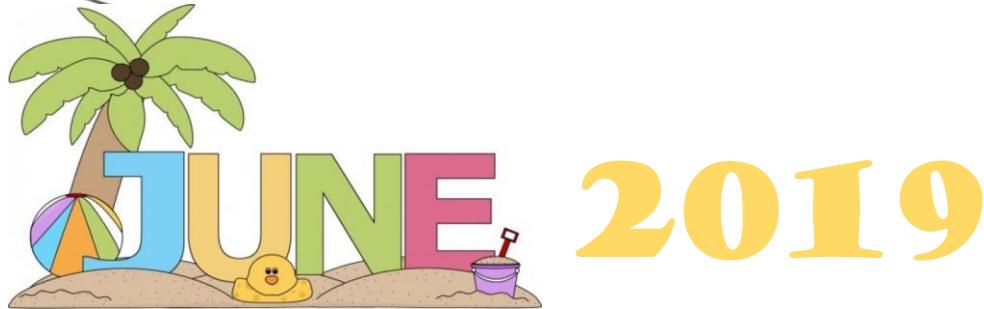




NEWSLETTER



Dates to Remember:

| | |
|--------------|---|
| June 3 | Grade 5/6 Scientists in School "Evidence & Investigation" |
| June 5 | Volunteer Breakfast/Gratitude Assembly @ 8:30 / Parent Council Meeting @ 2:15 |
| June 7 | Jump Rope for Heart Jump @11:15 |
| June 11 | Grade 1 Field Trip- Gem of the West/Birds of Prey |
| June 11 | Grade 2 Field Trip- Prairie Tractor Museum |
| June 12 | Grade 6 Grad Activity- The Great Escape/Burger King |
| June 12 | Kindergarten Farewell Celebration 2:30pm |
| June 13 | Grade 4-6 Waterton Field Trip |
| June 13 | Grade 3 Scientists in School "Life's Like That" |
| June 18 | Library books due back |
| June 19 & 20 | Early Learning Program Year End Celebrations 8:30 to 11:00 am |
| June 20 | Grade 6 Language PAT – Part B / Theme V Instruction- Grades 4-6 |
| June 20 | Kindergarten Fire Hall/Library/Spray Park Field Trip |
| June 21 | Grade 6 Farewell Assembly |
| June 24 | Grade 6 Math PAT / Kindergarten Orientation 9:30-10:30am |
| June 25 | Grade 6 Science PAT |
| June 26 | Grade 6 Social PAT/ Last day of classes / Final Assembly / Parade of Honor |
| June 27, 28 | Staff Planning Days |

Principal's Message

It's hard to believe that we're at the end of the school year already. This month is packed with field trips, Provincial Achievement Tests for our Grade 6 students as well as guest speakers and other special activities and assemblies. It's great to celebrate a successful year in such a nice way.

Finally, I would like to wish all our families a wonderful and relaxing summer. For those who are not returning in fall, thank you for all you've done to contribute to the positive Sunnyside School culture.

To those returning, we're so happy to have you back and we're looking forward to sharing another great year together.

Volunteer Appreciation / Gratitude Assembly & Bake Sale

Sunnyside School is so fortunate to be supported by such a large group of amazing parents and caring community members. Each year our little school has been the recipient of huge improvements and we want to say THANK YOU! On June 5, we are inviting our school community to a 'Gratitude Assembly'. We will have coffee/tea and treats sponsored by our local Teachers' Association. The assembly will begin at 8:45 with each class performing. The Parent Council will also be hosting a bake sale to help cover the costs associated with our upcoming field trips.

Hot Lunch

| | |
|---------|-----------------|
| June 3 | - Spaghetti |
| June 10 | - Subway |
| June 17 | - Booster Juice |
| June 24 | - Pizza 73 |

Provincial Achievement Tests

Parents with children in Grade 6 are reminded that the annual Provincial Achievement Tests will be written on the following days:

| | |
|-----------------------|---------------------------------|
| Thurs, June 20 | - Language Arts Part 'B' |
| Mon, June 24 | - Mathematics |
| Tues, June 25 | - Science |
| Wed, June 26 | - Social Studies |

Year-End Assembly/Report Cards

Our year-end assembly / Parade of Honor will take place in the gym on June 26 at 11:30 a.m. Parents are welcome to join us.

Grade 6 Farewell

Our Grade 6 Farewell will begin at 9:00 am on Friday, June 21 in the school gym. School-wide outside activities to follow.

Lost and Found

Parents are reminded to check the lost and found area(s) by the boot racks on both ends of the school. Items that are not claimed will be donated to charity at the end of the school term.

Early Learning Program News

This is a bitter sweet newsletter for me. Where has the year gone? I can't believe the end of the year is here. We have had so much fun learning and exploring all year long. Your child has grown leaps and bounds since the first day of our Early Learning Program. I am so proud of each and every child. I will miss them, but I am proud to let them graduate onto Kindergarten.

Calling all Father's-- Come and join us on June 12/13 for a well-deserved break. Stop in anytime between 10:30-11:30 and let us take care of you. Drinks, snacks, and building crafts for you and your child.

We will be having our year end celebrations on June 19/20. This will be our last day of school for the year. Parents and siblings are invited. This will take place from 9:30-11:00. I hope the weather will cooperate and we can spend our last day outside playing on the playground. If the weather does not permit us to be outside, we will have our get together inside the classroom. Please bring your favorite pot luck picnic dish/dessert. Please bring your picnic blanket, sunglasses, and hats. I hope you will come out and enjoy our last day together.

Amanda Hudson, ELP Instructor

Kindergarten Farewell

There will be a Kindergarten farewell celebration at 2:30 p.m. on Wednesday, June 13 in the school gym. Kindergarten families are invited to attend.

Staff Appreciation Day

The staff of Sunnyside School would like to express our gratitude to the Sunnyside Community Association for the wonderful Staff Appreciation Day on May 9. The staff enjoyed snacks in the staffroom, a delicious lunch, cute umbrellas to take home and recess supervisions covered by the parents. Thank you to everyone involved who made this such a special day.



2019

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|--|---|--|---|--|------------|
| | | | | | | 1 |
| 2 | 3 Hot Lunch- Spaghetti Grade 5/6 Scientists in School-am | 4 | 5 Volunteer Breakfast / Gratitude Assembly / Bake Sale- 8:30am Parent council Meeting @ 2:15 | 6 | 7 Jump Rope for Heart – 11:15am | 8 |
| 9 | 10 Hot Lunch- Subway | 11 Grade 2 Field Trip to Prairie Tractor Museum Grade 1 Field Trip to Gem of the West Museum & Birds of Prey | 12 Grade 6 Grad Activity- The Great Escape & Burger King Kindergarten Farewell 2:30 p.m. | 13 Gr 3 Scientists in School Grade 4-6 Waterton Field Trip | 14 | 15 |
| 16 Happy Father's Day! | 17 Hot Lunch- Booster Juice | 18 Library Books Due Back | 19 ELP Year-end Celebration 9:30 – 11 am | 20 PAT Gr. 6 Language Part B ELP Year-end Celebration 9:30 – 11 am Gr 4-6 Theme V Instruction Kindergarten fire hall/library field trip | 21 Grade 6 Farewell 9:00am School-wide outside activities | 22 |
| 23 | 24 Hot Lunch- Pizza 73 PAT Gr. 6 Math Kindergarten Orientation 9:30-10:30 | 25 PAT Gr. 6 Science | 26 Last Day for Students PAT Gr. 6 Social Studies Report Cards Final Assembly / Parade of Honor 11:30 | 27 Staff Planning Day | 28 Staff Planning Day | 29 |

Healthy Children

June 2019 Parent Newsletter



Articles

Tobacco in the Media

Play is the Work of Childhood

Tobacco in the Media

Understanding media and its influence is an important skill for your child. Studies have shown that youth who have good media literacy are less likely to use substances that are advertised, such as tobacco or e-cigarettes.

Although we have come a long way with advertising of tobacco products, smoking is still very present in movies. There is no restriction on smoking in movies that are rated for children and teens. This presents challenges, but also a great opportunity for building media literacy.

When smoking is shown on-screen, pause the movie or point it out. Later, have a discussion with your child. Ask questions such as: Why was there smoking

shown? Did it add to the storyline? Who do you think decided to add it to the movie? Try to encourage your child to think critically about who is influencing the presence of smoking in movies, and why they might want to show that specifically to young people.

Helping your child build the skill of questioning media can help them in areas other than avoiding smoking – it can encourage critical thinking in all areas of influence in their life!

➤ To learn more, or for support in quitting tobacco, visit www.albertaquits.ca or call 1-866-710-QUIT (7848)

Skin cancer is largely preventable, with about 82% of melanomas linked to factors we can change. Exposure to ultraviolet radiation (UVR) is the main cause of skin cancer but other harmful effects include sunburn, premature skin aging, and eye damage. Choose sun-safety strategies that work: a broad spectrum, water-resistant sunscreen with an SPF of 30 or higher, use shade, clothing, a hat with a wide brim, and sunglasses. For more information visit <http://albertapreventscancer.ca/reduce-your-risk/limit-uv-rays/>



Play is the Work of Childhood

Fred ("Mister") Rodgers is often quoted for saying "play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood." It is during playful learning that children's emotional, social, physical, language and cognitive development prospers. Not only does play create real learning opportunities, children also love to play! Below are a few suggestions to help your child learn through both free and guided play.

Free Play is an unstructured, voluntary, child-led activity that allows children to develop their imaginations while exploring the world around them.

- Pretend and role play - when kids have the chance to role play they get to 'practice' the social skills needed later in life.
- Get into nature – nature is full of wonder, and there are many things to explore and learn about through



observation. Plus, when kids are outside they move more!

- Let them be bored – when children are bored long enough, they will eventually (maybe after some complaining) connect with their curiosities and guide their own play.

Guided Play is play that children lead but adults support. The child is the leader and adults help to reinforce the experience through props and by interacting in ways that build on the child's interest and learning.

- Ask questions – when your child is working through a

task (e.g. building a tower) they will look to you for answers. Rather than give them the answer, ask another question in return (e.g. which way is the tower leaning?).

- Follow their lead – children are naturally curious, let your child lead the exploration. Look up questions you don't know the answer to and share in the learning process.
- Schedule in unstructured time – family schedules are packed these days, so you might have to plan some unstructured time to provide your kids the benefits of learning through play.

