



Sunnyside School Newsletter

June 2015



Dates to Remember:

June 3	Grade 3/4 Field Trip to Movie Mill & Gem of the West Museum
June 5	Developmental Check-Ups for next year ELP & K students
June 11	School Council Meeting - 3:45 p.m.
June 12	Library books due back
June 17	Grade 6 Language Arts Achievement Test – Part B
June 17	ELP Bowling at Galaxy Bowl from 9:00 to 10:30 am
June 18	Grade 6 Math Achievement Test
June 18	Early Learning Program Year End Celebration 8:30 - 10:30 am
June 19	Grade 6 Science Achievement Test
June 21	Happy Father's Day!
June 22	Grade 6 Social Studies Achievement Test
June 22	Health Theme V for Grade 4,5,6 in the afternoon
June 23	Grade 2 Field Trip to Prairie Tractor Museum
June 23	Kindergarten Farewell Celebration – 6:30 p.m.
June 24	Track & Field Fun Day - (note change of date)
June 25	Grade 6 Grad Activity a.m.
June 25	Year End Assembly & Grade 6 Farewell - 2:30 p.m.
June 26	Last day of classes
June 29, 30	Staff Planning Days



Principal's Message

It's hard to believe that the school year is almost over! I have enjoyed watching all of the students learn and grow this year and it's been especially rewarding to see the progress we've made with literacy school wide.

After working so hard this year, we want to make sure that we don't lose ground over the summer. To help motivate and encourage kids to read and write while on vacation, we're going to open the school library for a book exchange on July 16 and August 13. This opportunity will give kids a chance to connect with each other and share favourite titles. Stay tuned for an email providing more details as the date approaches.

As the school year winds to a close, thank you for your support, your kindness and your encouragement. I'm already looking forward to next year! To our families moving on, I wish you all the best.

Have a wonderful, restful summer vacation.

Best,
Connie

Thank you to...

- John & Barb Davis for donating a Movie Mill activity to the Grade 3/4 class.
- all those who organized and supported the spring fund raiser Barn Dance.
- Sunnyside parent council for funding the school field trips and track meet lunch.

Achievement Tests

Parents with children in Grade 6 are reminded that the annual Provincial Achievement Tests will be written on the following days:

Wed., June 17	- Language Arts Part 'B'
Thurs., June 18	- Mathematics
Fri., June 19	- Science
Mon., June 22	- Social Studies

Hot Lunch

The Sunnyside Community Association will provide lunch for the students on track meet day, Wednesday, June 24.

June 1	-	Taco Time
June 8	-	Wendy's
June 15	-	Boston Pizza pasta
June 22	-	Booster Juice

Track and Field / Sports Day

The track meet/sports day has been changed to Wednesday, June 24. The races will start at 9:00 a.m. Following the races, the students will break up into eight cross-graded groups to participate in the long jump, high jump, and ball throw. Lunch will be provided for the students by the Sunnyside Community Association. In the afternoon, the students will take part in tug-a-war, face painting, soccer, and baseball games.

Health Theme 5

As part of the Health curriculum, students in grades 4, 5 & 6 will participate in classes during the afternoon of Monday, June 22 designed to provide information on human growth and development. If you wish to have your child excluded from this program, please call the school office or put a note in your child's agenda to request an Exclusion Form.

Library

First of all, I would like to thank everyone for all of their patience and understanding as I transfer all of the books from an old computer system to the new system. Secondly, I would like to send out a BIG thank you to all of the Grade 5/6 students that have helped me reshelv books. This sure helps free up my time so that I can enter more books into the new system. Thirdly, we are doing something new this year. I will be asking that all library books be returned on Friday, June 12th. I will spend the following week sending out 'missing book reminders'. Then the week of June 22 – 26, the students will be able to come to the library and sign out books for the summer. Have a great summer!

Mrs. Hancock

Grade 6 Grad Activity

The grade 6 students will take part in their graduation activity on Thursday, June 25. They will go to the University of Lethbridge at 9:00 a.m. for a rock climbing activity to be followed by swimming before returning to the school after 1:00 p.m.

Grade 2 Field Trip

The grade two class will be going on a field trip on Tuesday, June 23rd to the Picture Butte Prairie Tractor Museum.

Grade 3/4 Field Trip

Students will travel by school bus to the Movie Mill for a movie viewing on Wednesday, June 3. This will be followed by lunch at Henderson Park from 11:30 to 12:30. Students will need to bring their own bag lunch. They will then tour Gem of the West Museum in Coaldale from 1:00 to 2:50 p.m. They will return to the school in time for the afternoon dismissal.

Early Learning Program

This is a bittersweet time for me. Where has the year gone? I can't believe the end of the year is here. We have had so much fun learning and exploring all year long.

The Early Learning Program will hold an end of the year party on June 17 & 18. June 18 will be our last day of school.

On June 17 we will be going bowling at Galaxy Bowling. The cost is \$10.00 per child. This includes one hour of bowling, a slice of pizza, and a pop. We will bowl from 9:30-10:30. Please arrive at 9 am! Every ELP child is invited. We will have our graduation party on June 18 from 8:30-10:30. We will have a picnic, and I will hand out scrapbooks. This will be held at Sunnyside School. I hope to see all of you there!

Mrs. Hudson

Year End Assembly & Report Cards

Friday, June 26 is the last day of classes before the summer break. Report cards will be sent home on this day. If your child will not be in attendance, please contact the office to make other arrangements for their report card to be picked up or mailed. Our year-end assembly will take place in the gym on Thursday, June 25 at 2:30 p.m. and will include the presentation of the Leisha Marino Memorial Award. Parents are welcome to join us.

Kindergarten Farewell

There will be a Kindergarten farewell celebration at 6:30 p.m. on Tuesday, June 23 in the school gym. Kindergarten families are invited to attend.

Lost and Found

Parents are reminded to check the Lost and Found area in the hallway. Items that are not claimed will be donated to charity at the end of the school term.



Palliser Regional Schools

Palliser Centre

#101, 3305 - 18 Avenue North, Lethbridge, AB T1H 5S1

Phone: 403-328-4111 Toll-free: 877-667-1234

Fax: 403-380-6890 www.pallisersd.ab.ca

June 2015

Stakeholders were right: Common vision key to success

At the end of May, the Board of Trustees played host to its second-ever division-wide stakeholders meeting, bringing together a diverse mix of students, parents, staff and public to build on “A Community Conversation” held in 2012.

This event, called “A Community Conversation 2015” reviewed what we’ve done as a division to build on the factors of school success participants told us they most valued three years ago.

One of those factors of school success was a common vision. At the time, Palliser had only recently hired a part-time literacy coach, to work side-by-side with teachers across the division to change how we teach reading and writing.

Think about how much we have changed in those three years. Today, we see intentional, purposeful and effective literacy instruction at all grade levels in all corners of Palliser. We see our youngest students learning a love of reading through self-identification of books just right for them. We see our older students expressing themselves with an ever-expanding vocabulary that connects their inner selves (their thinking and feelings) with their growing knowledge of the world. They are students, not just of sciences, math or language. They’re students of connected ideas from across the range of their experiences.

Our stakeholders were right in 2012. Common vision is a powerful thing and it is building success across Palliser.

We are only in our second year of division-wide assessment of reading of students reading up to a Grade 7 level. Over time, the data collected in these assessments will show more and more students are gaining the reading skills they need. That’s just the beginning. We’re already seeing our high schools adopting literacy to meet their students’ advanced needs. We see a growing number of teachers rethinking their instruction and finding ways to meet every student’s individual needs.

We have made huge strides, and I congratulate our staff for making this vision their own. Further, as we did at our stakeholders’ meeting, I encourage you to find your own way of supporting literacy, particularly over the summer when some students may lose their momentum. Taking your child to a bookstore or library and encouraging them to read the book(s) of his/her choice; reading aloud together; making a scrapbook of photos and words about your summer vacation are all ways you can support this shared vision of literacy in Palliser.

Have a great summer.

Kevin Gietz, Superintendent
Palliser Regional Schools



June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 Taco Time 	2	3 Gr. 3/4 Field Trip	4	5 Developmental Check-Ups	6
7	8 Wendy's 	9	10	11 School Council Meeting 3:45 pm	12 Library Books Due Stay & Play 10:15 -12:15	13
14	15 Boston Pizza 	16	17 PAT Gr. 6 Language Part B ELP Bowling at Galaxy Bowl 9:00 – 10:30	18 PAT Gr. 6 Math ELP Celebration 8:30 – 10:30	19 PAT Gr. 6 Science Stay & Play 10:15 -12:15	20
21 Happy Father's Day! 	22 PAT Gr. 6 Social Studies Theme 5 Instruction Booster Juice 	23 Grade 2 Field Trip Kindergarten Farewell 6:30 p.m.	24 Track & Field Fun Day	25 Gr. 6 Grad Activity am Year End Assembly 2:30 pm	26 Last Day for Students	27
28	29 Staff Planning Day	30 Staff Planning Day			<div>2015</div>	

Children and Healthy Relationships – What Parents Can Do

Relationships are very important to children and young people. We have different types of relationships throughout our lives including: parents, family, friends, and sexual relationships. Developing healthy relationships helps children feel good about themselves, develops their own identity, and teaches them about the values and ideas of others.

As a parent, you may feel worried about the effect certain friends have on your child. Peer pressure could mean they are doing things they don't really want to, just because certain friends are or because everybody else is doing it. What others think of them is really important in their lives right now. Having a good friend early on and then belonging to a group a bit later are natural and very important relationship steps for children. These connections help them feel like they fit in. Problems in relationships, doing things they don't want to do, and friendship break-ups are a big deal to them. Let them know they can talk to you about anything and you will listen without judgement. Children need to feel secure, valued, and loved; it is the basis for developing trust, positive self-esteem, and confidence. As a parent you can encourage your children, provide steps for decision making, and support them to trust their own feelings and values. This will build emotional and cognitive strengths that will help them throughout life.



Here is an example of a situation you might encounter:

Problem: My daughter is 9, and she had an argument with her best friend.

Think it Through: Her best friend is important to her and offers her support and companionship.

Do: Listen to her. Help her name her emotions. Brainstorm together possible solutions.

Adapted from: http://www.newport.gov.uk/stellent/groups/public/documents/leaflets_and_brochures/cont608148.pdf

Tips for Brushing Teeth

Use your tongue to feel your teeth. How do they feel – smooth like glass or fuzzy like they are wearing socks? Clean teeth feel smooth. Teeth feel fuzzy when plaque, a sticky film of germs, grows on them. Plaque grows every day, it even begins to grow right after you brush. The less you brush the longer plaque stays on your teeth and the more harm it does. Germs found in plaque eat sugar and produce acid that cause tooth decay. Plaque can also make your gums red and bleed, this is called gingivitis.

To keep your teeth and gums healthy, follow these tips:

- Brush your teeth two times a day with a soft toothbrush. Be sure to brush before you go to bed because when you sleep you have less saliva to wash away any germs hanging around.
- Use a pea-sized amount of toothpaste with fluoride.
- Don't rush your brush. Take at least two minutes to brush your teeth – use a clock, egg timer or even a song to time your brushing.
- Brush gently using small circular movements where the teeth and gums come together. Don't scrub. Brush tongue side, cheek side and chewing surfaces. Finish by brushing your tongue.
- Replace your toothbrush when the bristles have become worn.
- Don't forget that floss cleans where your toothbrush cannot reach so be sure to floss daily.

Schedule regular dental check-ups to help spot oral health problems early when they are less costly to repair.

For more information see: www.MyHealth.Alberta.ca and search for "basic dental care".

Coaldale Minor Hockey Association Registration

Register Online or In Person



Online: June 1-19, 2015

www.coaldaleminorhockey.com

Don't want to pay online –
Register online and pay in person on June 15

In Person: June 15, 2015

6 p.m. – 8 p.m.

Location: Coaldale Sportsplex Lobby

*Questions – Contact Paula at 403-345-5777 or
by email at cmharegistrar@gmail.com*

More info about registration can be found at
www.coaldaleminorhockey.com

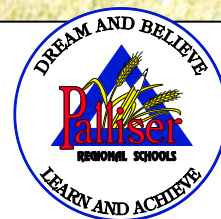
*** Any registrations received after June 19 will be
considered LATE and are subject to late fees! ***

Help stop the “summer slide”

School’s out for summer! Students are looking forward staying up late, sleeping in and days with friends. Those days of freedom can take their toll on the progress your children have made all year though.

Did you know:

- In the summer up to two months of reading achievement can be lost.
- Up to 2/3 of the ninth grade achievement gap between students at or above grade level and those below is at least partially attributed to summer-learning loss.
- Teachers spend about one month each school year re-teaching concepts from the previous year. This takes away from time that could be spent on the new curriculum.



What can be done?

Experts have found that for older students reading four to five books can stop the summer slide. For students in Grade 3 and below just 15 minutes a day of reading will do the trick. Making sure your children have books they choose based on their own interests and at a comfortable reading level are vital to keep them reading over the summer. The books should be ones they can successfully read on their own so that reading doesn’t turn into a chore and turn them off.

How you can support summer reading?

- Get books into your home. Visit the public library in your area. Many libraries offer summer reading programs for children.
- Go to second hand books stores.
- Arrange a book swap with friends.
- Set aside 15-20 minutes a day when everyone stops to read.
- Have a “booknic.” Pack a lunch and bag of books to enjoy outdoors.
- Keep a variety of reading materials available including magazines, newspapers, comics, etc.
- Be a reading role model for your child. Let them see you reading.
- Talk to your child about what he or she is reading. Ask about their favourite part or what they’ve learned.
- Don’t forget to have your child write. Reading and writing go hand-in-hand. Have children keep a journal on a trip or write a letter to a family member or friend.
- Read out loud. Reading out loud to children even after they are reading independently is very important. Being read to by an adult can dramatically increase the number of words a child knows and can use.
- Pack books wherever you go.
- Have your child create a blog about their reading to share with friends and family.
- Have older children read to younger children.
- Play word games.
- Have a family game night one night a week.
- Explore your community. Your experiences will build background knowledge for your child.
- Teens may enjoy an online book club through sites like [goodreads.com](http://www.goodreads.com). The social aspect of discussing books is often motivating not to mention they will find new titles that might interest them.

Helpful Resources

The Canadian Children’s Book Centre

<http://www.bookcentre.ca/>

PBS Parents

<http://www.pbs.org/parents/experts/archive/2010/07/helping-to-prevent-summer-read.html>

Reading is Fundamental

<http://www.rif.org/>

Scholastic Canada

<http://www.scholastic.ca/summerreadingcounts/booklist.htm>

For more information, please visit Palliser’s website:

<http://www.pallisersd.ab.ca/literacy>